



DSMES MIX



Diabetes Self-Management Education and Support

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Pharmacy Action Items for 2023

Now that 2023 has started, it's time to get moving along with your pharmacy's DSMES action plans. To help you, we've got some tips to help you, whether your new to the program or have previously seen patients.

Pharmacies Getting Accredited in 2023

Start thinking about the patients you want to see. We recommend a technician, family member, neighbor/friend to go through your first cohort. Please reach out to your PPA DSMES coach when you're ready to start identifying a patient.

Challenge: Have your patient identified by Mid-Year Conference in February 24-26, 2023.

Bonus points: if you've had at least one encounter with them.

Pharmacies Already Accredited

Challenge: Identify one day/month to host education classes on a regular basis to build awareness and momentum for your diabetes services.

Bonus points: Come to Mid-Year Conference with the scheduled day of the month for your session.

Free CE Training Opportunity

The PPA Mid-Year Conference is just weeks away! There is a full line up of CE sessions offered that can count toward your ACDES required continuing education. See the reverse side of this for a list of diabetes-related sessions being held at the Mid-Year Conference.

You can view the full conference agenda on the Conference website, click [here](#).

After registering, use one of the following DSMES discount codes when checking out for your complimentary FREE registration. This discount is made possible through the CDC 1815 grant obtained by PPA through the PA Department of Health. Here' are the codes you need:

- **2023MidYearDSMES** (this is for a one-day registration.).
- **2023MidYearDSMESFull** (this is for the Full conference registration).

Note: PPA is only holding one statewide conference annually. Therefore, the 2023 Mid-Year Conference next month is our ONLY statewide conference in 2023. The next Annual Meeting will be February 2-4, 2024 in Harrisburg.

See you in Lancaster!

CE Sessions at 2023 Mid-Year Conference

There are several continuing education sessions being held at the PPA 2023 Mid-Year Conference at the Lancaster Marriott targeted specifically to DSMES and/or diabetes related issues. (See front page for promo code to attend for FREE.)

Friday, Feb. 24, 2023

DSMES Standards Training (Parts 1 & 2) - This program is intended to help pharmacists actively apply for the DSMES accreditation through ADCES. We will have an active-learning workshop where pharmacists interested in earning accreditation work through all six (6) standards.

Under Pressure: Blood Pressure Measurement for Community Pharmacy Teams - This session will provide participants the opportunity to review and practice blood pressure measurement techniques. Other sources of blood pressures (patient or physician-reported) will be discussed, along with assessment/triage of these values.

Assessment of Diabetes and Related Risks in a Community Setting - This 1-hour presentation is designed to review various assessments used in the screening for diabetes and to identify risks caused by diabetes. It will include a focus on the ADA Standards of Care for Diabetes and how the community pharmacist and technician can both perform assessments and gather information on tests used to reduce complications.

Saturday, Feb. 25, 2023

2023 Immunization Update - This presentation will review the updated 2023 adult immunization schedules and clinical pearls for commonly administered vaccines. Important pediatric vaccine updates for pharmacists will also be discussed.

Non-Statin Hyperlipidemia Update - To evaluate updates to non-statin hyperlipidemia therapy management as selected by 2022 ACC Expert Consensus. The speakers will cover the following subtopics: primary and secondary prevention for lowering LDL-cholesterol for management of ASCVD risk, updates in the use of current non-statin medications and breakdown of each agent (common dosing, ADRs and review of literature on ASCVD benefit), and information on statin intolerance therapy.

Standards of Care in Diabetes 2023: Updates for Pharmacists - This session will review key updates to the Standards of Care in Diabetes, released annually. Discussion will focus on updates that are most relevant to pharmacists and the management and optimization of drug therapy.

Digital Health and Diabetes - This CE will review the background of digital health in the diabetes outpatient landscape, the experiences of those working in clinical settings and with technology, and an interactive discussion as the assessment.

Integrating Clinical Services into Community Pharmacy - This presentation will give an overview of the clinical services community pharmacies can integrate into their current business model. It will discuss pharmacist scope of practice in Pennsylvania and how collaborating with physicians can offer additional opportunities to generate non-PBM revenue.

Learn more/Get Conference Details



Questions?
Email: ppa@paparmacists.com

DSMES Master Coaches

Molly Beigel,
U.S. Complete Care, Inc.

Elizabeth Bunk,
Duquesne University

Mark Green,
Hershey Pharmacy

Nicole Pezzino,
Wilkes University

DSMES Pharmacy Locations

Alberts
Anderson Pharmacy
Cooks Pharmacy
Duquesne Center for Pharmacy
Exton Pharmacy at Marchwood
Hershey Pharmacy
Medicap Pharmacy (Superior Care Pharmacy)
Norland Avenue Pharmacy
Perry Drug Store LLC
Port Allegany Pharmacy
SMP Longterm Care (U.C. Complete Care)
St Mary's Pharmacy
The Medicine Shoppe - Boyertown
The Medicine Shoppe - Latrobe
Thompson Pharmacy
Value Specialty Pharmacy
Vine Pharmacy
Weis Pharmacy #182